## **DECEMBER 1998**









THE BARN
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"He sees all and gives a hoot"



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# **Merry Christmas**

VOL. 5 NO 12

### FROM THE LOFT



The first ECCA sponsored Community Dance was held on schedule at THE BARN on Wed the 11th at 7:30 PM. The turnout was way below expectations but Jerry and Del Reed and Linda entertained the folks attending. We did another couple that said they will attending be the 10/10/10 classes scheduled to begin on

Nov. 17th. We will schedule another ECCA dance in the near future. You would not believe the goodies that we had left over. Ice cream, cookies and cake was all available at the end of the dance. We did have a "lucky" winner of the drawing and a check for \$25.00 was presented to Theresa Scott.

Happy Holidays to one and all! This is it! The season where joy, love and friendship really blossom. We are seeing all our friends that leave the heat of Florida return for the best of the best. We welcome all of you and wish you a great stay.

We do hope that all dancers will support all the special benefit dances listed on page 3. It is our chance to really come together as a special activity and let people know that square and round dancers are really caring people.

The annual Thanksgiving Dinner/Dance at Canaveral Squares remains one of the best. Over 100 dancers attended the 1998 feast on Friday, the 13th, and a great dinner and dance was experienced by all. If you have not yet attended one of these events, this is one that you MUST mark on your 1999 calendar.

We started our 10/10/10 class on November 17th and we had over three squares for our first lesson. Everyone said they had fun and they all joined the BARN DANCERS. We look forward to seeing them next week (except for those going out of town for the Thanksgiving week). In any case, the new class is under way. We start the next 10 week free class series on January the 26th. You can start now getting folks to sign up for this class.

There is one subject that we don't talk about very often. That is personal hygiene. Square dancing is a very active activity. I have been told that deodorant will last for the first 10 minutes of a dance. We are in very close contact with one another and it is very important that we shower before we come to a dance. If we do not put on freshly washed cloths then the shower

### SATURDAY AT THE BARN

Nov. 28th Second Special Round Dance Party

Wayne Guice cueing. This dance is back by popular demand.

The first ROUND DANCE at THE BARN by Wayne had the

hall full of round dancers. Come join the fun!

Dec. 5th Tim Scholl and Ray Brendzy 5th annual dance

Dancing starts Dec. 4th and concludes Dec. 6th.

Contra dance with a live band. Come at 7:00 to learn

anything new you will need for the evening of fun.

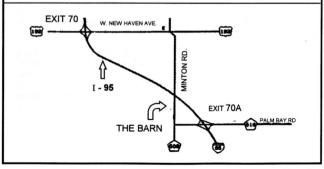
Dec. 19th JERRY REED C1 Dance / Funshop 7:30 - 9:30

### **TOYS FOR TOTS / ANGEL DANCES**

Barefoot Bay - SUNDAY DECEMBER 06 7:00
Canaveral Squares - FRIDAY DECEMBER 11 8:00
ECCA @ THE BARN - SUNDAY DECEMBER 13 2:00 - 4:00

The ECCA is the East Coast Callers Association

Dec 12TH



and deodorant we use will only last until we get to the dance. This is not an easy topic to write about. It is a necessary topic as it has been reported to me that some of our dear dancers have this problem. How do we let these dancers know that there is a problem? We can not go up to them and say "you stink". We would not want to hurt their feelings in any way.

What can we do? An anonymous letter? I guess the best way is to cover this subject here in the BARN OWL. It is not a BARN problem. I have been told that this occurs many times in many places in square dancing. We all need to be mindful of our personal hygiene. Before you say, this isn't me. ask yourself, "have I been careful to wear freshly washed clothes?" "Have I been forgetful about my deodorant?" A little self inspection by all of us will solve the problem. The only way this will not solve the problem is for us to say "that isn't me!". Just assume that it is YOU. Take a personal check and see if it may be YOU. Don't even say it is not our club. I thank each and every one of you for reading this and not getting mad at me. It is not an easy subject to write about. It is a personal thing that affects all those around us. It is not a gender thing either. It is just the nature of square dancing that makes it important for us to cover, from time to time, this important "rule" of square dancing. We know that we also have to watch what we eat before a dance. We also need to be mindful that the men need to wear long sleeve shirts.

A new year is approaching and we will again have our Memorial Dance in February. We have more missing links again this year. Memorial Hall's plaque is nearly full and a new plaque has been ordered. It means a lot to us who have lost a love one to remember them in Memorial Hall. We will be selling tickets to this dance soon. We limit the number of tickets but will issue enough so that all who have lost a loved one will be sure to get theirs. Again, the ticket price is determined by the cost of the refreshments. This year we are fortunate to be able to have Mac McCall be a guest caller for us. We will, of course, have our regular group of callers for this dance. It is truly a dance where we get together to encourage one another. February 7th from 2 – 4 will be the date and time of the Memorial Dance at THE BARN. We hope you will come join us in the Memorial Dance.

It is time once again to wish one and all a very MERRY CHRISTMAS and a glorious NEW YEAR. THIS IS THE LAST ONE BEFORE THE YEAR 2000!. What an exciting time to be living. Each and every day brings a new adventure and a new "once is a century" event. Linda and I wish for each and everyone of you a most prosperous and joyful Holiday Season. Make sure you come to THE BARN and see the beautiful holiday decorations. It will be better than last year and that was good.

# NATURAL ALTERNATIVES TO OVER THE COUNTER AND PRESCRIPTION DRUGS

### Colloidal Silver

### The Rediscovery of a Super Antibiotic?

Colloidal silver appears to be a powerful, natural antibiotic and preventative against infections. Acting as a catalyst, it reportedly disables the enzyme that one-celled bacteria, viruses and fungi need for their oxygen metabolism. They suffocate without corresponding harm occurring to human enzymes or parts of the human body chemistry. The result is the destruction of disease-causing organisms in the body and in the food.

### Early Research

Colloidal silver was in common use until 1938. Many remember their grandparents putting silver dollars in milk to prolong its freshness at room temperature.

At the turn of the century, scientists had discovered that the body's most important fluids are colloidal in nature; suspended ultra-fine particles. Blood, for example, carries nutrition and oxygen to the body cells. This led to studies with colloidal silver. Prior to 1938, colloidal silver was used by physicians as a mainstream antibiotic treatment and was considered quite "high-tech." Production methods, however were costly. The pharmaceutical industry moved in, causing colloidal research to be set aside in favor of fast working, more toxic and potentially dangerous drugs. The Food and Drug Administration today classifies colloidal silver as a pre 1938 drug. A letter from the FDA dated 9/13/91 states: "These products may continue to be marketed . . . as long as they are advertised and labeled for the same use as in 1938 and as long as they are manufactured in the original manner." Some of the manufacturing methods used before 1938 are still used today. An electro-colloidal process, which is known to be the best method, is used.

### Contemporary Studies

While studying regeneration of limbs, spinal cords and organs in the late 1970s, Robert O. Becker, M.D., author of The Body Electric, discovered that silver ions promote bone growth and kill surrounding bacteria. The March 1978 issue of Science Digest, in an article, "Our Mightiest Germ Fighter," reported: "Thanks to eye-opening research, silver is emerging as a wonder of modern medicine. An antibiotic kills perhaps a half-dozen different disease organisms, but silver kills some 650. Resistant strains fail to

### WHY SUPPORT A CLUB??

December 1998



Jerry & Del Reed

We wrote this article last year about this same time. We were reviewing some of our past articles and this one struck us as one which is important enough to repeat. We have always believed that the club structure is the most important in square dancing. Without clubs and willing workers it would be difficult for our activity to continue.

The basic foundation of square dancing is "the club". Every area of the world we have visited, lived in, or heard about has this basic foundation. Clubs come in many different shapes and sizes, but they all serve the same purpose. That purpose is to provide a place for square dancers to gather and enjoy this activity. Hopefully this place will be friendly, pleasant, and comfort-

able.

There are two primary types of clubs. The first and most abundant is the "Board run" club, the second is the "caller/cuer run" club. The board run club is governed by volunteers who have agreed to give their time to the activity. The activity is fortunate indeed to have these people. Without them many clubs would not survive. In fact there are many, many stories about clubs which have been successful, but could not find anyone to serve as officers. Unfortunately, many times this results in the club "folding".

The job of running a club is challenging and can be quite frustrating, especially if there are numerous complaints about insignificant details. It is our opinion that most of us will have at least one thing which "bugs' us. If this thing is not harmful, hurtful, illegal, nor immoral perhaps we could examine our complaint before voicing it to the club officers. This is not to say we should suffer in silence if something does "bug" us. It seems appropriate, though, to trust the officers we have elected (and who volunteered) to do the right thing for the club. It also seems appropriate to voice our complaints to the club leadership and not to other members. This will allow the leadership to investigate the complaint, take appropriate action, or bring the

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develop. Moreover, silver is virtually non-toxic. "The article ended with a quote by Dr. Harry Margraf, a biochemist and pioneering silver researcher who worked with the late Carl Moyer, M.D., chairman of Washington University's Department of Surgery in the 1970s: "Silver is the best all-around germ fighter we have."

#### How It Works

The presence of colloidal silver near a virus, fungus, bacterium or any other single celled pathogen disables its oxygen metabolism enzyme, its chemical lung, so to say. Within a few minutes, the pathogen suffocates and dies, and is cleared out of the body by the immune, lymphatic and elimination systems. Unlike pharmaceutical antibiotics which destroy beneficial enzymes, colloidal silver leaves these tissue-cell enzymes intact, as they are radically different from the enzymes of primitive single-celled life. Thus colloidal silver is absolutely safe for humans, reptiles, plants and all multi-celled living matter.

### **Product Quality**

Many brands of colloidal silver are inferior. The highest grade is produced by the electro-colloidal / non-chemical method where the silver particles and water have been colloided, i.e., dispersed within and bound to each other by an electric current. The super-fine silver particles are suspended indefinitely in demineralized water. The ideal color of colloidal silver is a golden yellow. Darker colors indicate larger silver particles which tend to collect at the bottom of the container and are not true colloids. If a product contains a stabilizer or lists trace elements other than silver, or if it needs to be shaken, it is inferior. If a product requires refrigeration, some other ingredient is present that could spoil. The container and dropper must be glass, as plastic cannot preserve the silver in liquid suspension for any length of time. Some brands are actually unsafe. High concentrations of silver do not kill disease germs more effectively than the safe range of 3 to 5 parts per million (ppm).

### Ingesting Colloidal Silver

Taken orally, the silver solution is absorbed from the mouth into the blood stream, then transported quickly to the body cells. Swishing the solution under the tongue briefly before swallowing ensures fast absorption. In three to four days the silver will have accumulated in the tissues sufficiently for benefits to begin. Since colloidal silver is eliminated by the kidneys, lymph system and bowel after three weeks, a regular daily intake is recommended as a protection against dangerous pathogens. In cases of minor burns, an accumulation of colloidal silver can hasten healing, reducing scar tissue and infection. The lives of millions of people susceptible to chronic low-grade infections can

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### SILVER SQUARES

You haven't seen the Smiths this fall. We have a good excuse. I dropped a heavy objection my big toe three weeks ago, and have not been able to really dance since then. A couple of more weeks and we'll be seeing you. Hope I'm not too late with my article. We have at this date just six memberships, so you can see we are really hanging by a thread. Hopefully as the year progresses, we'll have more.

We started our season the first Tuesday in November with the Promenaders coming to steal our banner. The Yellow Rockers came the next week. We will soon be taking our club members on the road to get our banners back and steal some. We welcome all dancers to our Tuesday night dances with John Swindle and Jerry Reed alternating calling. Vince Furtado is coming at 7:30 for Early Rounds. We will be taking a vacation on December 22 and 29, to allow the Snow-birds to go north for Christmas.

Carrie Smith, Secretary



### CANAVERAL SQUARES DECEMBER



Iver & Mary Duedall

Rockledge--Hello everyone! Greetings to the snowbirds gracing Brevard County again this winter and to the first time visitors ready to explore the world of square and round dancing fun and friendship with us. Viewing the "Discovery" shuttle launch and their return from space, must have been at the top of your list of "Things to Experience in 1998-1999". We are appreciative to be a part of their list-thanks "snowbirds"-lets all have a great New Year also

By the time this goes to press we will have had our Thanksgiving Dinner/Dance. It's going to be interesting to see how many old tim-

ers can teach the novices about dinner/dance strategies--eat early, rest, and be ready for the first dance of the evening! Months ago, our caller and cuer, Skip Cleland and Vince Furtado lined up their favorites for this down-home dinner festival, November 13th. Jennifer Cleland not only harmonizes with Skip now; she also adds harmony to Vince Furtado's songs-Great going, Jen!

This fall, we celebrate the addition of five new members to our group, as well as two long time members wedding. Sarah Rollins and her partner, Eugene Benoit, often dance in the square her father, Russ Isenbletter, and his partner, Joan Cleland form up front where Joan's son, Skip is on stage as our caller. Carrie and her father, Chris Gariepy', are finishing their basic lessons together. Chris will Angel his wife, Phyllis Gariepy, through her class after she recuperates from her hip surgery. It isn't often one can see the product of a father or mothers encouragement to "come, learn how to square dance" anymore; yet, Skip, Sarah and Carrie have made it a great "family affair". Skip is even learning how to round dance with his mothers' help.

On November 14th, we celebrated the October 17th Shearwater, New York wedding of Richard Binschus and Fay Simmonds. Stupendous work, Cupid! We are so glad Canaveral Squares was among those who set the stage for this happy event.

Jean and Cecil Faulk, our presidents, ask for your prayers and continued support for those in our club who are going through some trying times with their health, right now.

LOOKING AHEAD: Holiday Weekends - NO DANCE: November 27th, De-

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### YELLOW ROCKERS NEWS FOR DECEMBER

The Yellow Rockers would like to say Merry Christmas to all our members and friends. We hope all of you will have a wonderful holiday season, and a very Happy New Year.

We are always delighted to see new faces returning to dance with us. Jerry Reed, our caller reports our class is going great and we sincerely appreciate all of you who come out to angel the class.

Raids and Retrievals: In November Banner Chairman Charlie Taylor kept us busy. Nov. 7 we had a fun evening stealing the Space Trackers banner. We really enjoyed being there. Nov. 9 found us at the Promenaders retrieving our banner. Nov. 10 we were at Silver Squares retrieving our banner. Thank you to these clubs for all their hospitality and we look forward to a visit from you soon. Nov. 20 we had a Mystery Trip - more information on this trip later on. Dec. 4 we have a planned trip to Canaveral Squares to retrieve our banner. It is always fun to visit these neighboring clubs and visit with our square dancing friends. Nov. 10 we had a Demo Group dance for an AARP meeting at the Melbourne Auditorium. Also a Demo Group danced at the Brevard County Fair on Nov. 14.

Mark your calendar for our Christmas Dance which will be Dec. 14. Hope everyone can attend this dance. Don't forget the great New Year's Eve dinner dance at the Barn - see Otis if you need tickets.

Elections were held on Nov. 2 and a big thank you to the following people who are willing to serve as officers for the coming year:

President - Ben and Sue Johnson

Vice President - Stuart and June Sale

Secretary - Jim and Jane Hart

Treasurer - Wayne and Fiona Wright and Steve and Fran Powers

Member-at-large - Bob and Edna Pritchard

We would like to extend our sympathy to Bill Dossett who lost his father recently. Also we are so glad to know that Cheryl Boydston is doing very well and getting out some now.

### **December Birthdays**

Dec. 6 Louise Green Dec. 14 Carolyn Hoe Dec. 17 Wayne Wright

Dec. 19 Rita Grenier Dec. 24 Myrtle Colgon

**December Anniversaries** 

Dec. 28 Bernie and Cheryl Boydston

Jim and Jane Hart, Secretary

### **DECEMBER PALM BAY PROMENADERS**



**VONA BROWN** 

Happy Holidays from the Palm Bay Promenaders. I love the excitement of the Holiday Season. Everyone seems to be caught up in the spirit of the Holidays. The Palm Bay Promenaders are no exception. It was a whirlwind of activities all through November, including these Banner Raids: Nov. 2 --Silver Squares - to Raid. Nov. 7 --Allemanders to Retrieve Nov. 9 --Yellow Rockers -to Retrieve. Nov. 19 - Allemanders back to the Promenaders.

Nov. 19 -- Our Homecoming (Anniversary) Dinner-Dance.

Upcoming for December: December 17 -- CHRISTMAS DANCE. This will be a festive affair. Please bring Holiday snacks, and have a fun-filled evening. Dec. 31 - The Barn's Gala New Years Eve's Dance. Don't miss this--

A Big Welcome to our new Members: JERRY & DOTTIE AUBREY, ANDY & GERRY MUSENTA AND DOT WILES.

CONGRATULATIONS TO KEN FULLER AND DOT WILES ON their engagement. Our best wishes to the Happy Couple. Both are members of the Promenaders.

Welcome back to members returning from their summer of traveling: Vic & Barbara Moss, Stan & Jean Wyckoff and Ken Fuller & Dot Wiles. Welcome to all our returning friends here at the Barn. We miss you and we are very happy to have you back.

Remember our Square Dancing classes that are held each Thursday from 6:30-8 PM. Be an Angel and come early and dance with our class.

Wayne Guice Round Dance classes are held here at the Barn each Wednesday. Beginners class 2-3:30 PM. Phase 2 - 3 workshop - 4- 5:30 PM. (Learn new Dances).

A big Thank You to Dale McClary for entertaining us at intermission with his

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### JOIN

### **JERRY REED**

for

### **FUN DANCING**

- - Pick Your Program - -All Dancing At

> THE BARN 3820 Minton Road

### **PLUS**

with the

### YELLOW ROCKERS

**EVERY MONDAY** 

- CLASS -6:30 - 8:00 PM

- Plus Dancing with Rounds -8:00 - 10:00 PM

## EVERY FRIDAY

STARTING OCT. 2nd ADVANCED LESSONS 6:00 - 7:30

> - A2 Funshop -7:30 - 9:30 PM

1st, 3rd, 4th & 5th SATURDAY'S 2nd SUNDAY 2:30 - 4:30 PM

### C1 Funshop

Information: (407) 633-1306 Accredited Member CALLERLAB

Licensed by: BMI/ASCAP

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### **WAGON WHEELS**



Carol & Royce Arter

Wagon Wheels has been a busy club this fall, with raids to Starlight Promenaders in DeBary and Groveland-Clermont in October, and to Garden Patch in Ocoee and Space Trackers in Rockledge in November. Our special dance in October was Hobo, and one and all enjoyed that concoction. Everyone enjoyed the sharing of foods for the baskets that were distributed for Thanksgiving.

The annual Club/Class picnic was again held at Narcoossee Park, and we had 89 known attendees – and a few drop-ins!
Everyone enjoyed the barbecued chicken and pork, and the many delicious dishes brought by the members. So many good things to eat! The weather was perfect: we played games

and did some dancing. Our thanks go to Bob Konikow and his crew for a wonderful day.

Thanks to Dale McClary's teachings, the class is progressing nicely, and we are looking forward to the time they will be able to dance with the Club. It's the new dancers that keep square dancing alive. Many things are scheduled for the month of December. We won't be dancing on Friday, December 4 as that is the night the Senior Center is taken over by the Queen's Ball, but we will be participating in the Christmas parade in St. Cloud the next day, Saturday, December 5. The Club will enjoy a pre-Christmas dinner together on December 16, and the Teddy Bear Dance on December 18. Admittance that night will be one teddy bear for each couple. These will be distributed by the St. Cloud Fire Department to needy children. Wagon Wheels will be dancing both Christmas night (December 25) and New Years Day (January 1, 1999). Of course there is the big New Year's Eve dance fast approaching on December 31. We have heard that chicken is the main menu item. The admittance price includes both dinner and the dance, with Skip Smith the caller for the evening and Wayne Guice the cuer that night. Tickets are going fast; contact any Wagon Wheel member for more information. It doesn't seem possible that this year is almost gone already - it certainly has gone fast.

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singing, and giving everyone present a chance to do Ballroom Dancing for our enjoyment. Keep it up Dale.

Attention Round Dancers-- On Nov. 28, there will be a Round Dance Party here at the Barn, from 7-10.00 PM. Refreshments will be provided. Dance will consist of 3 -2's, 3 3's, 4's substituting 5's 6~ 6's for those who request them. Donation \$10.00 per couple. Cuer Wayne Guice & Bev Landwehr. Come join in the fun.

Watch for a big Birthday celebration. Stan Crowhurst will be celebrating his 96th Birthday on Jan. 28'. This amazing man is going strong, still doing Rounds and Square dancing. Stan says everyone is invited. We'll be there Stan with bells on.

Update on our shut-ins:

JERRY RADLIFF is recovering nicely from his surgery, and he and Jane expect to be back dancing after the first of the year. He thanks everyone for the cards and especially your prayers.

BILL STRAYER is back home from the Hospital. While visiting his daughter in PA, he became ill and had to get his Pacemaker replaced. He & Jacky are also very appreciative of your cards and your prayers. It will be awhile before Bill will be back dancing. Remember all our shut-ins in your prayers.

By the time this Bam Owl goes to press, GEORGE & HANNALORE WOODRUFF will be off visiting their daughter in Sydney, NY. The Dr. gave them permission for George to travel. They felt they had to have a change of scenery for a week. Hannalore was looking forward once again to go mountain climbing. (She may be hiking through snow.)

### **DECEMBER BIRTHDAYS**

Dec. 19 -- George Woodruff

**DECEMBER ANNIVERSARIES** 

Dec. 8 -- Jerry & Dottie Aubrey Dec. 26 -- Stan & Jean Wyckoff

In closing, I would like to wish each and everyone of you a very MERRY CHRISTMAS, and may God's richest Blessings be yours in the coming New Year.

VONA BROWN vobrown@juno.com

### \*\*\*\*\*\* DALE McCLARY'S 1998 CALLING SCHEDULE

**Barefoot Bay:** 

Monday 8:00 - 10:00 - Twirlers

Thursday 12:45 - 2:45 - Spinners

THE BARN: 

OCT. 7 Wednesday Plus Workshop 6:30 PM OCT. 9 Friday DBD 10 - 12:00 Thursday 8 PM Promenaders/lessons 6:30 PM

DALE ALSO INVITES YOU TO ENJOY DANCING with him at the WAGON WHEELS ST. CLOUD Fridays For additional information Ask or Phone Dale 407-242-8490

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cember 25th and January 1st. Decorating the Washington Square Home tree is our goal at our December 4th, "Deck the Tree Dance" -- an ornament for this tree will be appreciated. Then an unwrapped gift will gain you free admission into the dance, December 11th, for our "Christmas Angel Dance". These gifts will be placed under the Christmas tree of this Titusville. Florida home for the mentally and physically challenged adults. For suggested gifts, see our flyer, or call Mary Duedall at 407-676-1810. Post it on your new 1999 calendar, right away--Our Valentine Dance, February 12, 1999 is going to feature our Guest Caller, Darrell Figg, from Altamonte Springs, Florida-great treat for Brevard County! Our new 1999 Board will be working to complete our Special Dance flyer for January distribution. You are always welcome to join in as an "Angel" for our Mainstream square dance class before our Friday night dance. Come and join us.

Happy holidays, everyone! Our teams: Presidents, Jean and Cecil Faulk, Caller, Skip & Jennifer Cleland and Cuer, Vince & Camille Furtado, along with the rest of the board and club members, would like to say "Best Wishes for a Happy, Healthy and Prosperous Square & Round Dancing New Year"! Iver and Mary Duedall, 1998 Secretary Team

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# WHERE TO SQUARE, ROUND

SLINDAY MONDAY TUESDAY WED **TITUSVILLE** BAREFOOT BAY MERRITT ISLAND MEL PARTNERS IN BAREFOOT BAY PARTNERS IN PROGRESS PROGRESS TWIRI FRS Presbyterian Church "THE BAF Sandrift Rec Center 7:15-7:45 Early Rounds Cone Road Line Danci 6:00-8:30 C1 Dance & 8:00-10:00 Plus Dance 7:30 - 9:30 A2 Dancing Glenda Or Dale McClary, Caller Skip Smith, Caller Information Skip Smith, Caller Jim Runnels, Cuer Information 267-8910 Information 267-8910 Information 254-0150 THE BAF **MELBOURNE** ROCKLEDGE McLarty Rec. Center PLUS Dan 7:30 - 9:30 PM ROCKLEDGE WORKSH C-1 Divie Diamonds SPACE TRACKERS Phyllis Williams. 6:30 - 8:00 THE BARN McLarty Rec. Center Instructor Dale McCl 3820 Minton Road Information 267-5236 Barton Blvd. Information 2:30 - 4:30 PM 7:30 - 10:00 Class Jerry Reed instructor Whit Brown Caller **MELBOURNE** 633-1306 SILVER SQUARES Information 452-2679 THE BARN 1300 S. Airport Blvd. Round Dar CAMPFIRE DANCERS MELBOURNE 7:30 - 10:00 Plus Wayne Gu Chapter 082 Jerry Reed, Caller 2 - 3:304th weekend John Swindle Caller 4 - 5:30(STARTS ON A FRIDAY YELLOW ROCKERS Vince Furtado, Cuer PH II - III w **EVENING**) "THE BARN" Information 768-2217 3820 Minton Road THE BARN 6:30 - 8:00 PM class "THE BARN" Class 8:00 - 10:00 Plus Dance Rounds 6:30 - 8:00 PM Jerry Reed, Caller Line Dancing Phyllis Williams Vince Furtado, Cuer 10:00 - 11:30 AM Information 722-1664 Glenda Ortiz Info 253-1564 LINE DANCING GPBSC 10::-11:30AM GRAND SQUARES Glenda Ortiz, Instructor 7:00-8:30 Information 253-1564 All level through Plus Basic Class Otis Lutz, caller Information 722-1664

New square dance lessons start every 10 weeks on Tuesday at 6:00 PM.

# AND LINE DANCE IN BREVARD

NESDAY THURSDAY FRIDAY SATURDAY BOURNE **ROCKLEDGE** BAREFOOT BAY ROCKLEDGE CANAVERAL SQUARES BAREFOOT BAY SPACE TRACKERS SPINNERS McLarty Rec. Center McLarty Rec. Center 790 Barton Blvd. ng 10:00-11:30 Community Center Barton Blvd Plus Dance/Rounds 12:45 - 2:45 Mainstream 7:30 - 8:00 Rounds Dale McClary, Caller Lessons 7 - 8:30 PM 253-1564 8:00 - 10:30 Plus 8:30 - 10:30 Plus/Rounds Information 254-0150 Whit Brown, Caller Callers N" (1st & 3rd Sat) Skip Cleland, Jennifer ROCKLEDGE Guest Caller 2nd & 4th harmonizing Canaveral Squares Information 452-2679 ce/ Vince Furtado, Cuer McLarty Rec. Center OP Information 635-8125 Barton Blvd. SATELLITE BEACH PM Round Dance Class ALLEMANDERS 7:00 - 9:00 PM Satellite Beach Civic 254-0150 Vera Smith, Cuer Center 8:00 - 10:30 Plus 1.2 & 3rd Saturdays **MELBOURNE** John Saunders, Caller Ce MELBOURNE Vince Furtado, Cuer ce Cuer PALM BAY Information 676-5741 "THE BARN" **PROMENADERS** "THE BARN" 3820 Minton Road **MELBOURNE** ith teach A2 FUNSHOP/DANCE 3820 Minton Road 7:30 - 9:30 PM 6 - 7:30 class SATURDAY NITE LIVE Jerry Reed, Caller 8:00 - 10:00 Plus Dance Special as set up by Information 633-1306 Dale McClary, Caller callers/cuers A1 Class 6 - 7:30 Wayne Guice, Cuer Call for Information Information 722-1664 722-1664 ROCKLEDGE See page 3 C/W LINE DANCING COUNTRY WESTERN "THE BARN" DANCING 10:00 - 11:30 AM KNIGHTS OF Glenda Ortiz, Instructor COLUMBUS HALL Information 253-1564 3435 S FISKE BLVD. Line and Couples Dancing MC and Instructor Curt Wivsel Teach 7:30 to 9:00 PM Requests 9:00 to 11:30 PM Phone 631-5759

We've missed Jennie and Ed Allard these past few months, and would ask everyone to pray for Jennie to return to good health. Come join us on Friday nights at the Senior Center in St. Cloud. Dale McClary is our caller, and Jan and Pete Shankle lead the round dancing.

Royce and Carol Arter – Secretaries crarter@net4u.net

Forty-one active & retired square dancers gathered together at Ryan's steak house on November the third to the delight of the Hollywood Squares. The Hollywood Squares began having lunches a few months ago. The next luncheon will be held at the same place on December the first. We will eat at twelve o'clock.

If you have been wondering about "So and So" you used to dance with? Come! You may see them there. We where also happy to see some new dancers and hope they will come again.

**Margurite Winters** 

### MERRY CHRISTMAS

From



Otis and Linda
Dale and Carolyn
Jerry and Del
Wayne and Beverly
Vince and Camille

Linda and I are the Sew and Save chairman for the 1999 State Convention and we are looking for folks to help on this project. We need all sort of talent. We need greeters, decorators, models, demonstrators and stuff I don't even know about. If you would like to be part of the 99 convention, please contact Linda Lutz. We need a good number of workers for this project. We hope that many of you will find time to help us. The SEW & SAVE clinic will have a complete hall for us to utilize.



#### Chronic or Serious Conditions

Take double or triple the recommended amount for 30 to 45 days, then drop to the maintenance dose. If your body is extremely ill or toxic, do not be in a hurry to clear up everything at once. If pathogens are killed off too quickly, the body's five eliminatory channels, i.e., the liver, kidneys, skin, lungs and bowel, may be temporarily overloaded, causing flu-like conditions, head-ache, extreme fatigue, dizziness, nausea or aching muscles. Ease off on the colloidal silver to the maintenance amount and increase your distilled water intake. Regular bowel movements are a must in order to relieve the discomforts of detoxification. Resolve to reduce sugar and saturated fats from the diet, and exercise more. Given the opportunity, the body's natural ability to heal will amaze you.

#### **Topical Uses**

Colloidal silver is painless on cuts, abrasions, in open wounds, in the nostrils for a stuffy nose, and even in a baby's eyes because, unlike antiseptics, it does not destroy tissue cells. It's excellent as an underarm deodorant, since most underarm odor is caused by bacteria breaking down substances released by the sweat glands!

### Tolerance To Disease Organisms

It is impossible for single-celled germs to mutate into silver-resistant forms, as happens with conventional antibiotics. Therefore no tolerance to colloidal silver ever develops. Also, colloidal silver cannot interact or interfere with other medicine being taken. Inside the body, silver forms no toxic compounds nor reacts with anything other than a germ's oxygen-metabolizing enzyme. Colloidal silver is truly a safe, natural remedy for many of mankind's ills.

#### Satisfied Users

Satisfied users have taken one tablespoon daily, for four days, to establish a level, then one teaspoon daily for maintenance (proportional to body weight for children). Also, colloidal silver can be applied directly to cuts, scrapes, and open sores, or on a bandage for warts. It can be applied on eczema, itches, acne or bug bites. To purify water, add one tablespoon per gallon, shake well and wait six minutes. Mixed this way, it's tasteless. It is not an allopathic poison.

### FROM THE BARN KITCHEN

### Pat 's Key Lime Pie

Ingredients:

One each 9 inch pastry shell (prepared shell or prepared Graham Cracker shell)

Four large eggs (separated)

One 14 ounce can Eagle Brand sweetened condensed milk

1/2 cup Key Lime Juice

1/2 teaspoon of Cream of Tartar

1/2 cup of sugar

#### Directions:

- Preheat oven to 350 degrees In a medium mixing bowl, beat the egg volks; stir in sweetened condensed milk and kev lime juice.
- In a small mixing bowl, beat the egg whites with cream of tartar until peaks form. Gradually add sugar, beating until stiff but not drv. Fold 1/4th of the meringue into the pie filling. Pour into prepared pastry shell.
- Spread remaining meringue on top of pie sealing it carefully to the edge of the shell.
- Bake 12 to 15 minutes or until golden brown. Cool and chill thoroughly.
- Use Refrigerate leftovers.

#### Contributed by:

#### Pat Ludwick

Send recipes to THE BARN 3820 Minton Road Melbourne, FL 32904 E-MAIL danceworld@net4u.net FAX (407) 727-7374





### **BANNER RAID CONTACTS**

Allemanders	Bob & Carol Aumann	407-773-7388		
Barefoot Bay Spinners	Tony & Pat Priore	561-664-5562		
Barefoot Bay Twirlers	Tony & Pat Priore	561-664-5562		
Buckles & Bows	Jean Gaskins	407-892-6420		
Canaveral Squares	Asa Clark/Rosalie Turner	407-633-4447		
Grand Squares	Otis & Linda Lutz	407-722-1664		
danceworld@net4u.net				
Kiss-A-Me Squares	Paul & Thelma Marx	407-933-4787		
Palm Bay Promenaders	Hilda Taylor	407-254-2544		
Pirates (Apopka)	Tony Brownell	407-568-6254		
Saturday Night Steppers	Steve Ekin	561-567-2803		
Silver Squares	Mary Litwiler	407-676-9535		
Space Trackers	Andy & Esther Folley	407-631-3820		
Sunshine Strollers	George Springer	561-466-7923		
Treas. Coast Squares	Charles & Joyce Sweeny	407-664-5221		
Wagon Wheels	Phyllis & Bob Randall	407-892-9792		
Yellow Rockers	Charlie Taylor& Conway Huie	407-724-5379		

Please supply your E-Mail Address to include here.

### **NEW CLUB**

Attended dance at new square dance club in Stuart last night. I think the name of the club is Sailfish Squares...started just 4 weeks ago. They started a class 4 weeks ago and they had 8 squares in the class (approx. one angel couple per square)!! Two squares live in a retirement community and tape the lessons and "practice" on Sunday afternoons in their club house. It was the most enthusiastic group we've seen. The caller is Mike Doughty. Attending class was fun and the review certainly is needed for this rusty couple. The class is moving along so fast I think some of them are ahead of us!! They still have not decided definitely on club colors -- (I think blue and silver are tentative) -- perhaps you could come visit and talk about state convention and the sewing clinic -- where many of the ladies can learn to sew outfits for their "new" hobby!!! Sure looks like this new club is on its way to success.

See you soon!!!???

Skip and Caroline

Skip and Caroline are members of the BARN DANCERS and former members of THE PALM BAY PROMENADERS. Wanted to share this success with all of you. Thanks Skip and Caroline.

(Continued from page 6)

situation to the attention of the club for resolution. One of the things about a democratic organization is that the will of the majority is the will of the organization. Even if we do not agree with the majority view, it is our responsibility to respect that view and to abide by It.

Some of the areas which come to mind when we think about supporting the club are: helping with the "chores" I.e. host & hostess, kitchen help, helping with decorating for special dances, going on banner raids, and other similar "chores". There are some halls where we have to move tables and chairs before AND after a dance, we have to sweep the floor, we have to empty the trash, and clean up the hall after each dance. Doing these chores is not our favorite part of the evening, but if everybody pitches in and helps then the job is completed very quickly. On the other hand, if the entire task is left to one or two couples, they work very hard. Spreading the work among all of us makes the job much less unpleasant. This includes agreeing to serve on the board.

We also view helping with the new class as part of the "chores" we can do to help support the club. Each new class brings more new dancers into the activity. These new dancers are the future of square dancing. We should do all we can to help them through class and with the transition into the club. If you are unsure of your caller's feeling about "angels" ask him/her. Many callers (including us) encourage angels to attend and help with the class. This help DOES NOT include sitting on the side, watching, and laughing at their mistakes. We would ask each of us to consider how we would feel if we were learning a new skill and felt we were on 'display".

There are several "NEW DANCER" dances coming up soon. Please plan to attend one or more of these dances. The new dancers will appreciate the support and you may enjoy yourself too. The enthusiasm of the new dancers will appreciate the support and you may enjoy yourself too.

ers is one of the things I enjoy very much about teaching square dancing. We have a very fine class this year and are looking forward to some fun nights and great dancing during our class sessions. We are also looking forward to the new dancer dances and to having you join us.

Bye for now and see ya in a square!!!

Jerry & Del Reed



### DR. PAUL C. DURNEY

Fellow American College of Foot & Ankle Surgeons
Diplomate American Board of Podiatric Surgery
Board Certified in Foot & Ankle Surgery



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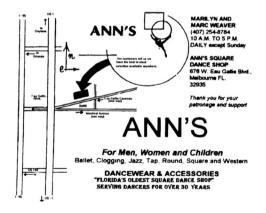
You do not have to suffer with chronic heel pain anymore! A new procedure, Endoscopic Plantar Fasciotomy, can bring you relief almost immediately! Two tiny incisions performed under local anesthesia and closed with one stitch is all that is needed to lengthen the liga-

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AS A RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE FREE, DISCOUNTED
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952-1234



### SOMETHING FOR EVERYONE

45th Florida Convention Plans for Your Enjoyment

Mardi Gras Time In '99 has selected and assigned Halls for dancing. The Florida Callers Association has given their sanction to our Caller Coordinators, John 5~ Linda Saunders and John & Mo Barrett. The Florida Round Dance Council has granted program assigning to our Cuer Coordinators Phyllis & K.O. Williams and Audrey & Tom Philips. Contra Coordinators Bob & Jessie Parkhurst have completed programming of the Contra Hall, while Country/Western Coordinators Jerry & Kathy Opela have lined up the very best in C/W and Line Dancing. Folks, we know you are going to enjoy the best 'crop' of dance leaders Florida has to offer, who will bring you hours of pleasure.

A Hall is programmed for ALL Plus Singing Calls in the Arena with Country/ Western between each tip. This will be something new that many of our Florida Dancers have asked about. At the same time there will be another regular Plus Hall with Rounds between tips. The committee felt this arrangement will give every Plus Dancer a 'choice' and even permit dancers to move from hall to hall, enjoying some of each. Round Dancing will have a large hall and will be programmed for all levels, with the best of Cuers for your enjoyment. There will be an additional hall made available on Saturday morning for a program of "Introduction To Rounds". Bring your best 'bib and tucker' and dance, dance, dance.

A special hall has been assigned and dedicated to Contra. This hall will operate throughout the convention and will offer a wonderful opportunity for those who want to observe Contra and will invite you to 'step' into the dance. If you know Mainstream, then Contra is 'learnable'. You're going to find this an enjoyable way to dance.

Advance Dancing will take place in TWO halls, one each for Advance I and Advance II. Don't miss the opportunity on Saturday morning to take part in the 'Intro program'. Also in the Advanced area, those of you who partake of the Challenge program, will find a Hall dedicated to the dance program you enjoy.

A Special Hall has been programmed for the SINGLES, on Friday evening. We heard your request and acted to bring you that special something to make your weekend a 'happy time'.

Not to be overlooked ---- Those new dancers will find a hall assigned to BASIC, with Callers who are experts at giving enjoyment, fun and happiness to our new friends

Last, but not least, there will be a hall dedicated to the dance of dances in this "Square World" MAINSTREAM. This group will be active throughout the 45th and we know there will be much laughter coming from 'within'.

Finally, so that NO ONE is left out....There will be "introduction to the next level" workshops in All Halls on Saturday morning. An excellent opportunity to 'look at the next level'. Mardi Gras Time In '99 is programmed to give EVERY dancer FUN, FUN, FUN. Add this programming to The Sewing Clinic (which will run each day of the 45th) and a Mardi Gras Fashion Show on Sunday and Vendors all the while, who could ask for anything more

### COMPUTERS

It is nearing Christmas and many will be considering buying computers as a gift, either for yourself, your significant other or a relative. This month we will discuss what kind and size system may be best for you.

Buying a computer can be fun. IF you know what it is you want. This will involve a little planning. First, do you want a computer? This is probably determined by what you think you can do with a computer. Most people do not NEED a computer. They don't need a lot of things but these things are what makes life interesting and challenging. It might not be a very exciting, or rewarding, life if we only had what we really needed. So, if we have decided that a computer would make you a little happier, give us a rewarding challenge, make our life a little easier, or give us something to do, then we are ready to decide what kind of computer we want or need.

Today's computers are very powerful and can store a lot of information and data. They are also relatively inexpensive. They can occupy much of your time and can be used by all ages for all reasons. Stan Crowhurst, 95 years young, recently purchased a computer and is enjoying the experience very much.

Let's look at the components you will be specifying on your system.

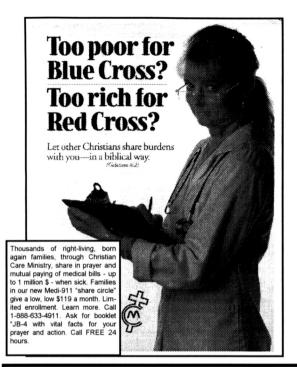
PROCESSOR. There are a lot of different processors from which you can select. The first thing you need to decide is which manufacturer's processor you want in your system. Until recently the only real choice was an Intel processor. Now you can safely put the AMD processor in your selection matrix. The Cryex processor is the other major contender but it has not yet received the good reviews that the AMD processor has when compared head to head with Intel. My personal choice is to buy Intel.

MEMORY. With the certain arrival of voice controlled computers, we need to have at least 64 meg of memory. New, intelligent software needs lots of memory. It is better to get it when we buy the computer rather than try to add it in later. It is also one of the inexpensive upgrades we may want.

DISPLAY. You will be spending a lot of time in front of the screen. Get a good .28 or .26 monitor. The lower the number the clearer the picture. I have a 17 inch display and would like a 21 inch. It is like a TV, the bigger the screen the better. Make sure you have adequate room to set up such a large screen. Get a least a 15 inch unit.

HARD DRIVE. I am still amazed that when I was in the business in 1979

(Continued on page 31)





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# WORD STUDY OF THE WORD CHRISTMAS

Is it possible to understand or comprehend Christmas? Can anybody honestly say that they can really understand that God Almighty Himself, came to earth to be born as a normal, regular baby? To be subjected to all the problems of this world? To come, knowing He would die a terrible death at the hands of His own people? The wonder of it all! Can we ever really understand the love that was given to us?

God, the creator of the universe, the creator of all living things, the One that sustains His creation, has come to this earth to give us everlasting life with Him. Too often when we think of Christmas we think of a baby born in Bethlehem. Our minds can not fathom that this baby was and is God! The Bible tells us He laid aside His glory to come to earth and be born in Bethlehem, to suffer and die for us.

Many of us think that God did this for a select group of people. That is not in the Bible. When all this was foretold in the Old Testament, Isaiah: 53 11-12 "Of the labour of His soul He seeth - He is satisfied. Through His knowledge give righteousness Doth the Righteous One, My servant, to many, and their iniquities He doth bear. ... and He the sin of many hath borne. And for transgressors He intercedeth.

What the above verses are saying is that Christ bore the sins of the world. This is also repeated in the New Testament. The key word in the above verses is the word "many".

MANY, #7227 in Young's complete concordance.

Abundant in quantity, size, number, rank, quality, exceedingly, full, multiply by the myriad. I think from this we can safely assume that it was sufficient to include you and me!

Of the labour of His soul (that is Jesus) God seeth and was satisfied that the price had been paid for sin. It is through the payment of the debt of sin that God could give righteousness to the world. It is not based on ones belief, faith, religion, race, sex or nationality that this righteousness is given. It is a gift from God to all! This price was a high price when we consider all glory that God has in the universe and that He laid this all aside to come into the world as a baby to give Himself as a sacrifice for the sins that we committed. It was necessary that He come as a baby so that He could experience each

(Continued on page 30)

### BREVARD COUNTY CLUB PRESIDENTS

Club	President	Telephone
Allemanders Barefoot Bay Spinners Barefoot Bay Twirlers Canaveral Squares Chain Reactors Dixie Diamonds Grand Squares Orange Blossom Sqs	Ed & Laverne Miller Fred & Joan Clement Gus DuBois Jean & Cecil Faulk Dale & Carolyn McClary Jerry & Del Reed Otis & Linda Lutz Betty Weckerle George & DeLoris Gaffr	407-777-4418 561-664-4705 561-664-4704 407-635-8125 407-254-0150 407-722-1664 561-562-5966
Silver Squares Space Trackers Yellow Rockers	Charles and Doris Boye Giff & Shirley Crippen Ben and Sue Johnson	r 407-951-2431 407-752-5701 407-452-4176

Please help us keep this information correct. When you change officers, or have a change for the summer, please call us with the information. We will gladly make the changes.

# WE OUTFIT WINNERS! "WESTWARD-HO SOUTH"

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Howdy, pardner!

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Entire inventory for sale
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# YOU ARE INVITED

# STAN CROWHURST'S

# NINETY SIX

INSPIRATIONAL BIRTHDAY PARTY

Sponsored by The Palm Bay Promenaders

THE BARN 3820 Minton Road Melbourne, FL 32904

JANUARY 28, 1999 7:30 rounds – 8:00 – 10:00 Squares / Rounds

ICE CREAM, CAKE, FOOD, COFFEE & PUNCH

\$3.50 donation

At 95 Stan still dances both rounds and squares

Everyone that knows Stan or Margaret or has danced with them is invited!

(Continued from page 27)

and every one of our temptations that we face as we journey through life. This is the miracle of Christmas. That God would lay aside His glory, be born into the world and face all the temptation that we face, so that He could give His life for the "many".

Each time we say that one religion is better than another or that this or that faith is the only way to be "saved", we diminish (I should say try to) the gift that was given. We had nothing to do with the gift. It was given to us. It is not something we can accept or reject. It was given to us. It is ours. We can not accept or reject it anymore than we can accept or reject our tax bills.

This is the miracle of Christmas. It is God coming down to this earth to dwell with man. It is a gift of eternal life and the reward He received from man was a painful death. It was a life He knew was sure to happen, yet He did it. He did it for us. He did it for the world! We should not worship the instrument, we should praise God for what He did.

I love Christmas. I love the decorations and the wonderful Christmas music. I love the feasts that we have and the parties that we go to. I love the look on faces on Christmas morning. I love the way Christmas brings family together. I wish it would last all year. I wish everyone could share in the love that God has given. I wish that no one thought that others would perish because they did not believe a certain way. I wish we all could rejoice in the common belief that we all have and learn from each part of the truth that has been revealed to each and everyone of us. There is so much in the Christmas miracle that we should celebrate Christmas with joy and thanksgiving. I do not think it is possible to celebrate Christmas too much. When we think what He gave to us in this miracle of Christmas, our celebration could not and should not be constrained.

Did you know that Christmas is NOT one of the feasts of God? Christmas was the start of Jesus' journey on this earth. It was a road of obedience to God, the Father. It was a road of revealing God's truth and His love. The feast is given for the successful completion of a journey and task. This is why one of God's feast is the crucifixion. This was the first feast of the First Fruits. His task was done, His journey complete. The victory was over. The price for sin had been paid. It was paid for each and every one of us!

Christmas! A new birth. A new journey. When we think of what God did on this day we need to really be thankful. A gift like that can never be equaled or repaid. We can only marvel again at what God has done for us. So, as we celebrate Christmas, rejoice in the gift that God has given us. We can not pay for it. We can show how thankful we are to have received it. We can share love with one another! Merry Christmas! Otis and Linda

and early 80's that the largest hard drive was 10 megabyte and users would ask, "what will you ever do with so much storage space?" Now you need over 100 meg to install one software package. I think now we see that even more space will be needed in the future. Today, a good system will have at least 6.4 gigabyte. In other words, it would have taken 64,000 10 megabyte drives to equal what we recommend as the MINIMUM hard drive storage today.

CD ROM. Every new system today comes with a CD ROM. It plays your music CD's and it is used to install software application packages you buy. A CD ROM holds 640 Meg of "stuff". The new DVD drives hold a LOT more and can play movies on your computer. There is coming soon the double sided – double density DVD that will hold over 15 Gig of "stuff". There are also CD's that are "re-writeable". This allows you to store information on a very reliable media. It is fast and not expensive on the write once media. I have purchased this media at ten cents a piece.

REMOVABLE STORAGE. Many system come with a ZIP Drive or other removable storage unit such as the Imation or Syquest units. They are very useful in doing backups and for sharing data with others. I have both the Imation and Syquest unit in my system.

OTHER "STUFF". You will need a mouse and keyboard to operate your system. A printer is also a necessity along with a MODEM so that you can get on the Internet.

MODEM. A v.90 MODEM operating at 56 K should be your only choice now.

COLOR PRINTER. An ink jet printer or a laser printer are the choices today. If you are really going to have fun, get a color printer. I like the Lexmark and the Epson units. These both receive high marks in the media.

SURGE PROTECTION AND BACKUP. The power will go out on you one day when you are operating your system. You will lose all the information that had not been saved to your storage media. A UPS will prevent this and also protect your equipment from voltage spikes. Go for at least a GOOD quality surge protector. It is much cheaper than replacing your modem or mother-board.

I personally think if you are not taking your system to another location (like being a snowbird) that signing up with a local ISP is much cheaper and gives better service, than signing up with AOL , MSN or the like. We have an ISP that will be presenting a course at THE BARN on Nov. 21st and will do so from time to time. Much information can be gained by attending one of these sessions.

I hope you enjoy your system as much as I do and have a very Merry Christmas.

Otis P. Lutz

# **NEW YEAR'S 1998**

**COUNTDOWN TO THE YEAR 2000!!** 

# Y2K

RIBBONS NOW AVAILABLE FOR THE 1998 KICKOFF to Y2K (YEAR 2000)

Get your ribbons early. This ribbon will be your quarantee that you will get a ticket to the Millenium party (we can only reveal that Mac McCall will be here for the Y2K party).

Callers:

Dale McClary, Jerry Reed and Otis Lutz

Hostesses:

Carolyn McClary, Del Reed and Linda Lutz

Cuers:

Pete and Jan Shankel

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Fun & Dancing



**NEW YEAR'S CELEBRATION**