

Keepin' Posted

Central Florida Square and Round Dancers

Volume 46

Number 1 & 2

October 2022



RETURN SERVICE REQUESTED

*KEEPIN' POSTED
AILENE PICHECO
345 HULA CIRCLE
MERRITT ISLAND, FL 32952*

KEEPIN' POSTED is published quarterly for members of the Central Florida Square and Round Dancers Association, Inc. and distributed to members free of charge as a part of their membership.

Association news, club news, articles, comments and items of interest are published without charge. Advertising directly related to dance activity will be accepted subject to rules of good taste.

Properly sized flyers and folders about dance activity will be inserted for a nominal fee (see below). The editor reserves the right to edit, condense or rewrite any submission. Opinions expressed are not necessarily that of the Central Florida Association or its Editorial staff.

If you do not want to keep this magazine, please drop it off at a community center, doctor's office, etc. Someone may be interested in learning more about our activity.

Articles Due one month before Issue Date (highlighted below).



Editor:

Ailene Picheco,
345 Hula Circle,
Merritt island, FL 32952
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Email: apicheco@att.net

Publication Issue Date	Articles Due By
October	Sept 5
January	Dec 5
April	Mar 5
July	June 5

CFA WEB PAGE: floridasquaredance.com/central/index.html

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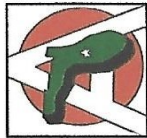
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Sheila Reid
1062 Old Millpond Rd
Melbourne FL 32940
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CFA MEMBERSHIP APPLICATION

Last Name _____ His _____ Hers _____

Street Address _____

City _____ State _____ ZIP _____

Phone _____ (Home) _____ (Cell) _____

Winter Street Address (if different) _____

City _____ State _____ ZIP _____ Dates @ Winter address _____

Home Club _____ Date _____

☐ New Member \$15 per person (Includes badge) ☐ Renewal \$5 per person
(badges are available with magnets for \$3 extra per badge)

Do you prefer to receive Keepin' Posted by ☐ USPS ☐ Email ☐ Both

Email address _____

Please make checks payable to: CFA

Mail check with this form to: Sheila Reid, VP Membership, 1062 Old Millpond Rd, Melbourne FL 32940

CENTRAL FLORIDA SQUARE & ROUND



DANCE ASSOCIATION

Would you like to place an ad in Keepin' Posted?
Please fill out the information below,
and send with your remittance
to the address listed.

*The Square & Round Dancers of CFA
Appreciate your Support!*

AD SOLD TO _____

AD SIZE (Approximate)

- ☐ FULL PAGE (4-1/2 x 7) @ \$40.00
☐ HALF PAGE (4-1/2 x 4) @ \$20.00
☐ QUARTER PAGE (4-1/2 x 2) @ \$10.00
☐ INSERT (8-1/2 x 11) @ \$50.00

PAYMENT

- ☐ CASH
☐ CHECK # _____

Please send in Ad one month before Publication dates listed below.

October - January - April - July

MAKE CHECK PAYABLE TO:

CFA

MAIL TO: Ailene Picheco
 345 Hula Circle
 Merritt Island, FL 32952
 EMAIL, AD COPY TO: apicheco@att.net
 PHONE: 321-652-0680

Attach copy here

I can also design an ad for you.
 Let me know what you want
 it to say.

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EDITOR NOTE

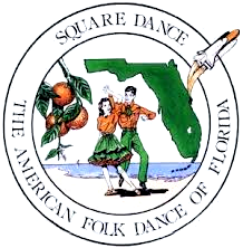
Wouldn't you like to be the **Editor of Keepin' Posted !!**

Please let me know.

Or contact the CFA President, Terri Little

Phone: 321-427-7950

Email: islandmom74@att.net



FLORIDA FEDERATION

**Ed Drexel &
Terry Weatherby
*Presidents***



The Florida Federation of Square Dancers, will be meeting Sunday, October 30, 2022 at 9:00 AM.

Lake side Rec Hall, Sanlan RV & Golf Resort, 3929 US Hwy 98 South, Lakeland, Florida For more information contact: twetherby6@comcast.net or 863-438-1188.



CENTRAL ASSOCIATION 5th Saturday Dance

Next 5th Saturday is October 29, 2022

2041 W State Rd 426, Oviedo, FL

4:30 Rounds - 5:00-7:00 MS/Plus/Rounds

Caller: Whit Brown Cuer: Scott Vallee

2023 Florida State Square & Round Dance Convention



Keith & Angie Olds
2023 FSSRDC Chairmen



JANUARY 20-21, 2023

Disco Inferno in Florida



Featuring

★ JAND THE DISCO ★

FRI. JAN 20TH, 2023
VOLUSIA COUNTY FAIRGROUNDS
TOWNSEND PAVILION
3150 E. NEW YORK AVE.
DELAND, FL

DINNER (CATERED BBQ): 4:15PM-5:15PM
SHOW: 5:15PM-6:30PM

DINNER: \$20 + SHOW: \$20 = \$40/PERSON
CALL 407-448-9021 TO REGISTER
SEATING IS LIMITED
FREE PARKING

MAKE YOUR RESERVATIONS SOON!

HOTELS IN DeLAND

Host Hotel:

Courtyard by Marriott
308 N. Woodland Blvd,
DeLand, FL 32720
386-507-2930

Hampton Inn & Suites by Hilton
20 Summit Oak Place
DeLand, FL 32720
386-279-7808

Holiday Inn Express & Suites
180 Fenway Drive
DeLand, FL 32724
386-507-2500

Comfort Inn
400 E. International Speedway Blvd.
DeLand, FL 32724
386-736-3100

Artisan Boutique Suites Hotel
215 S. Woodland Blvd.
DeLand, FL 32720
386-873-4675

The DeLand Hotel
442 E. New York Hotel
DeLand, FL 32724
386-624-6710

HOTELS IN ORANGE CITY

The Alling House Bed & Breakfast
215 East French Avenue
Orange City FL 32763
386-775-7648

1876 Heritage
300 S. Volusia Avenue
Orange City, FL 32724
386-774-8849

Days Inn
2501 N. Volusia Avenue
Orange City, FL 32763
386-775-4522

Quality Inn
445 S. Volusia Avenue
Orange City, FL 32724
386-665-7444

Holiday Inn Express & Suites
1330 Saxon Blvd.
Orange City 32763
386-917-0004

HOTEL IN DeBARY

Hampton Inn
308 Sunrise Blvd.
DeBary, FL 32713
386-668-5758



**SEE BACK OF
MAGAZINE
FOR CAMPING
INFORMATION!**

BENEFIT DANCE

Donation at the Door - Proceeds go to Benefit the
68th Florida State Square and Round Dance Convention



Mainstream & Plus Squares by
Jack Lewis
with Rounds by
Earle Collins



November 12 , 2022

5:00 to 7:00 PM

Early Rounds: 4:30 PM

Lutheran Haven Retirement Center Fellowship Hall

2041 West State Rd 426, Oviedo, FL 32763

Follow the Signs to the Building Flying the American Flag

**Co-Sponsored by The 68th FSSRDC committee and the Whirl & Twirl Square
Dance Club**

“Bring your Date to the 68”

68th Florida State Square and Round Dance Convention



Mark your calendars now! You won't want to miss this one. The 68th Florida State Square and Round Dance Convention are January 20-21, 2023 at the Volusia County Fairgrounds in DeLand, Florida.

We have heard your comments and suggestions and have taken action on them. We think you will like what we have come up with.

January 20-21, right in the middle of snowbird season! Everyone suggested we should have our convention during snowbird season so we will have better attendance. Everything from the Trail-end Dance on Thursday night until the last square on Saturday night will be at the same location – the Volusia County Fairgrounds. Portable flooring (3/16” hardboard Masonite) will be laid in all the dance halls to enhance your dancing experience.

There is an abundance of onsite camping as well as free parking. Make your camping reservations through the Fairgrounds office at 386-734-9514. Leave a message if no one answers the phone, it's a small two-person office.

There will be a disco-themed dinner dance on Friday evening at the Fairgrounds featuring the outstanding band “J and the 9s” performing LIVE disco music from the 70s and 80s including songs from Dance Fever, Grease, and Saturday Night Fever. Lead singer Jeanine Moss is an energetic and exciting singer/dancer along with her backup singers – they are sure to bring back memories of Olivia Newton-John and John Travolta. The menu is barbecue. You don't want to miss this fun evening—it's sure to be the highlight of this convention!!!

The host hotel, Courtyard by Marriott, is 5.7 miles (nine-minute drive) to the Fairgrounds. If the Courtyard is full, there are numerous hotels in the area.

From July 1, 2022 – November 30, 2022, the full weekend is \$45 per person and increases to \$50 from December 1, 2022, until the convention. The Weekender (Friday evening and all day Saturday) is \$32 per person until December 1, 2022, when it increases to \$35. The

Weekender ribbons must be picked up at Registration.

Make plans now to come to see what we have planned! I know you'll like it!

Penny Green
Publicity



June 21, 22, 23 & 24, 2023

Ya'll come Dance & Play on Mobile Bay!

**For Registration and
more information, go to:**

<https://www.72nsdc.com>

All Dancing in One Facility

You know you don't want to miss it!

How Square Dancing Keeps You and Your Body Young by Pivot Advising Collaborator on Jul 05, 2019

Turning 40 is a major milestone for most people, it is considered as a midpoint and signifies a new life season full of transitions. This is a decade where we strive to be more confident in ourselves, comfortable in our skin and more put together in our life overall compared to our 20's and 30's.

We can't deny it: as time passes and your body changes. Though each of us is a unique specimen and the aging process will touch each of us differently. As you grow older you will experience a decline in mental and physical fitness and your aging process will speed up if you neglect to take care of your body. But you have the power to slow aging and prolong your youth. If you use anti-aging strategies like a properly balanced diet and physical routine like dancing you'll be able to reverse the aging process greatly and keep your body and brain young.

Studies have proven that if you remain active throughout your senior years, and engage in activities that will continually challenge you like dancing, you can not only prevent the mental and physical decline associated with aging but also slow down the effects of aging in your brain. Isn't that amazing? So if you want to keep you, your body and mind young, dancing is the fun, challenging and perfect way to do it!

Why Square Dancing is a Great Workout and Beneficial to Your Health:

Dancing Makes You Smarter

Unlike traditional fitness routines, square dancing is continuously varied and challenges your mind because you're not doing the same thing over and over again. Research has shown that dancing is the best form of physical activity for keeping the brain active. Dancing improves your memory by memorizing and recalling steps, routines, and dance patterns, making it a great mental exercise for your brain. The greatest benefit is that increasing mental exercise keeps your mind young, quick, alert and open. When you take dance lessons, you'll learn new things, incorporate new movements to a piece of choreography, or maybe try different styles each week. It never gets boring and your brain appreciates that. Dancing inspires people to get in shape with something they love to do, which

doesn't feel like a boring exercise or a bad chore, but fun and exhilarating as moving to the music will stimulate your senses of sight, sound, and touch.

Dancing Keeps You Trim

Dancing burns calories while improving your stamina! Nick Smeeton a lecturer in the University of Brighton in the UK says that "Dancing demands a lot of energy outputs because it involves movements in all directions." He added that while running, swimming and other propulsive forms of physical activity use rhythm and momentum to keep you moving, "there is a lot of accelerating and decelerating in dancing, which the body is less able to do in an energy-efficient way," Smeeton added. When you dance, you can expend more than 300 calories every half hour, which meets or exceeds the amount of energy you burn during an easy run or swim. Even a relatively tame form of dance will burn about the same number of calories as cycling, according to the report from the University of Brighton (1).

Dancing Makes Your Bones Stronger and Lubricate Joints

The impact of movement and dancing actually helps in strengthening your bones, aiding in the prevention of osteoporosis for both men and women. The moving of joints keeps them lubricated and mobile also helping in the prevention of arthritis.

Dancing Is The Best Way To Improve Your Balance And Feel Years Younger

Balance is super important as you get older. Balancing in one position may be easy but balancing in different types of positions involved in dancing is difficult. When you dance you'll master the ability to balance yourself in different positions which will aid in your coordination and reflexes. Dancing also helps to improve the connection of your body and mind which helps our central nervous system.

Dancing Helps Builds Friendships

Dancing brings people together. It encouraged social bonding and it can help you build great friendships as it is both entertaining and recreational. It creates a social life for you and gives you the opportunity to make new friends. You can walk into a dance class not knowing another soul and quickly discover that dancing is a wonderful way of making new friends that make you laugh and support you as you learn from others.

Dancing Reduce Stress And Increase Energy

Depending on the style you choose, a dance class will always lift your mood and gives you a feeling of happiness by raising your endorphin levels. This will help heal your stress and depression, our immune system's biggest enemies! Dancing helps establish your self-confidence and self-discipline and will give you a sense of well-being by improving the harmony between your mind and body.

Summary

Square dancing is really a great way to add a little fun to your daily routine, not only does it feel good to your body and soul, it keeps you and your body young. Research shows that dancing not only boosts your overall happiness but certain types of dance like square dancing not only keep you and your body young but can actually add ten years to your life.

References

1. <https://www.theargus.co.uk/news/14163029.dancing-burns-more-calories-than-running-and-makes-you-happier/>



JACK & ILENE LEWIS SUMMER CRUISE
SIGN UP FOR THEIR NEXT CRUISE IN 2023

CLUB NEWS



Whirl and Twirl Square and Round Dance Club is PROUD to announce on August 27th, 2022 Graduated 5 new Mainstream Dancers. Through joint instruction, Callers Rod Barngrover and Whit Brown led these new dancers to their completion of Mainstream teaching! CONGRATULATIONS TO THESE NEW DANCERS!!!! Welcome them into your squares!

Whirl and Twirl Club is continuing the effort to increase the number of dancers in this exciting activity by accepting NEW STUDENTS/NEW CLASSES are starting on: Sept. 10, Sept. 24, and Oct. 8 After Oct. 8 the club closes it's window to accept new students to continue and move forward with the lessons. Invite everyone you know to attend!!!

Submitted by Peggy Huston, Tenderfoot Vc. Pres. Student Rep.





The "Fun Seekers" are back dancing every Wednesday from 2pm to 4pm, at Hope Lutheran Church, Lake Weir Campus. The address is 10495 Sunset Harbor Rd., Summerfield, FL.

We dance at the "PLUS LEVEL" using the "number system", with the second tip being a fun filled "By Definition" workshop. We have Rounds between tips. Rounds are Phase II- III & easy IV. We strive to make every dance a joyful experience. Don Hanhurst is the caller & Loretta Hanhurst is on rounds. Masks are OPTIONAL and no refreshments are served at this time. We will be dancing all summer!

For Info call: 352-245-8855

Spindrifters Fun Time Squares

Spin Drifters Fun Club have been dancing Saturdays at Port Orange Adult Center Port Orange, FL when there are enough dancers. Plus dance.

Email to confirm schedule. spindriftersfuntimesquares@gmail.com
Darrell Cevasco

SPACE TRACKERS



Past Presidents Attending

Richard Douget,
Linda Reid, Terri Little,
Judy Anderson,
Barbara &
Jack Hoffman



Whit Brown
40 years



Jack & Barbara Hoff-
man



Richard Douget
30 years



Ailene Picheco
25 years



WHERE TO DANCE IN CENTRAL FLORIDA

Sunday Monday

CASSELBERRY – HOEDOWNERS

Casselberry Recreation Center
200 N Triplet Lake Drive
2:00-3:45 Mainstream / Plus Dance
Line and round dancing between tips
3:45-4:45 Beginners Class
Caller: Rod Barngrover
Cuer: Earle Collins
Phone: 407-339-2359 (Julia Parker)
Email:
hoedowners@centurylink.net
Webpage: www.hoedowners.net

THE VILLAGES – ORANGE BLOSSOM SQUARES

La Hacienda Recreation Center
1200 Avenida Central
6:45-8:45 Plus Dance w/ Rounds
Caller: Local
Cuers: Loretta Hanhurst /
Lloyd & Ruth McKenrick
Phone: 352-633-1098
Banner Raids: 317.403.9302
Email:
sue.brown2256@gmail.com
Website:
www.orangeblossomsquares.org

BELLVIEW – STERN WHEELERS

United Methodist Church
5640 SE Brown Rd
2:00-4:00 Advance Dance
Caller: Bob Stern
Phone: 352-323-1295
Email: rpstern@aol.com

SILVER SPRINGS – The OCALA TWIRLERS The Springs RV Resort 2950 NE Court

12:00-1:45 Lessons
1:45-2:00 Early Rounds
2:00-4:00 MS/Plus Dance
w/Rounds
Caller: Dave Viera
Cuer: Lloyd & Ruth McKennick
Contact: Ron & Linda Imus
Phone: 574-370-9169
Email: rlius46@aol.com

TITUSVILLE – SATELLITES

Crossroads Community Church
2115 Knox McRea Dr
7:00—9”30 MS/Plus Dance
Caller: Rick Yates
Call: Carol Douget 410.952.7408

Tuesday

FORT PIERCE - WHIRLAWAY'S ROUND DANCE CLUB

River Walk Center
600 North Indian River Drive

Starts Sept 14, 2021

7:00-8:30 Beginners

Rumba/Cha

Chuck & Mary Ryall

Phone: 772-359-1048

Call to Confirm

www.whirlaways.org

OCKLAWAHA - ROUND DANCE

L & R Studio

13151 SE 120th Street

12:30-2:30 Phase IV Class

3:00-5:00 Phase III Class

Cuers: Lloyd & Ruth McKenrick

Phone: 352-288-4973

Email: [dancewith-](mailto:dancewith-lloydandruth@centurylink.net)

lloydandruth@centurylink.net

Private lessons by appointment.

ORMOND BEACH - GRANADA SQUARES DENIM AND LACE

Ormond Beach Senior Center

351 Andrews Street

7:00-9:00 pm Mainstream and Plus Caller:

Rod Barngrover

Pamela Kelley 386-671-6223

Website:

www.granadasquaresdenimandlace.com

Email:

denimandlacedanceclub@yahoo.com

Wednesday

MELBOURNE - DIXIE DIAMONDS

Eau Gallie Civic Center

1550 Highland Ave

Call to confirm

6:45 – 8:45 A1 – A2 Dance

Caller: Jerry Reed

Website: www.JReedSDC.com

Email: JReedSDC@aol.com

321-794-9645

OKLAWAHA - PILOT SQUARES

Lake Weir Chamber of Commerce

13125 East Hwy 25

12:00-2:00 Advance Dance

2:00-3:00 C-1 Dance

Caller: Bobby Keefe

Email: rarden50@gmail.com>

SUMMERFIELD - FUN SEEKERS

Hope Lutheran Church

Lake Weir Campus

10945 Sunset Harbor Road

2:00-4:00 Plus level w/workshop

Rounds: Level II, IV

Dress Casual or

Square Dance Attire!!

Caller: Don Hanhurst

Cuer: Loretta Hanhurst

Phone: 352-245-8855

Email: donh1022@yahoo.com

Thursday

ANTHONY – CELEBRITY SQUARES

Anthony United Methodist Church
2396 NE 97th Street
(8 miles north of Ocala)
Activities building behind church
Large Recycle Shop on Premises
(September thru May)
7:00-9:00 Plus Dance
Caller: Rod Barngrover
Contact: Walter Cyr
Phone: 353-629-0437
Email: cyrinfla@gmail.com

MELBOURNE – PALM BAY PROMENADERS

American Legion Post # 81
2909 S Harbor City Blvd
7:30 Early Rounds
8:00-10.00 Plus Dance w/Rounds
Caller: Lenny Newberry
Cuer: Scott Vallee
Email: llandsv@gmail.com



MERRITT ISLAND – SPACE TRACKERS

Merritt Island Presbyterian
Church
155 Cone Road
(1st, 2nd, 3rd & 4th Thursdays)
6:45-8:00 Square Dance Class
8:00–10:00 Mainstream/Plus
Squares w/Rounds
Caller: Whit Brown
Cuer: Earle & Carol Collins
Phone: 321-427-7950
Email: islandmom74@att.net
Banner Raids: 321-452-3941
Website: www.spacetrackers.com

MELBOURNE – DIX-C DIAMONDS

Eau Gallie Civic Center
1550 Highland Ave
Call to confirm
1:00 - 3:00 pm C1 Lesson
Caller: Jerry Reed
Website: www.JReedSDC.com
Email: JReedSDC@aol.com



Friday

BARBERVILLE – WRANGLER COUNTRY SQUARES

Pioneer Art Settlement,
1776 Lightfoot Lane
7:30-9:30 MS/Plus with Lines and
Rounds
Caller: Rod Barngrover
Phone: 386-275-6342 or
386-749-4767
Email:
rbarngrovercaller@gmail.com



Saturday

OVIEDO - WHIRL & TWIRL

Lutheran Haven Retirement
Center—Fellowship Hall
2041 W State Road 426
3:00-4:30 Mainstream Lessons
4:30-5:00 Early Rounds
5:00-6:00 Mainstream w/Rounds
5:00-6:00 Plus w/Rounds
Caller: Rod Barngrover
Whit Brown
Cuer: Earle Collins
Phone: 407-448-9021
Website: whirlandtwirl.org
Email: whirlandtwirl@gmail.com

PORT ORANGE – SPINDRIFTERS

Port Orange Adult Center
4790 Ridgewood Ave
(Call to confirm)
7:00-9:00 Plus Dance
Caller: Darrell Cevasco
Contact: 980-581-1795
Email:
spindriflersfuntimesquares
@gmail.com

*There is a time
to cry
and a time
to laugh.
A time
to grieve
and a time
to dance.*

Ecclesiastes 3:4



USA National Square Dance Convention

72nd NSDC

June 21-24, 2023

Mobile, AL

73rd NSDC

June 26-29, 2024

Milwaukee, WI

<http://www.nsdcnec.com/index.php/nsdc-conventions>



Planning Ahead!

2022

October 15 – FLORIDA - Florida Callers' Association Clinic Dance – with well-known caller Steve Kopman at the La Hacienda Center, in The Villages, FL. For info: Mark Fetzer 904-908-5184 - Pen9993@aol.com.

October 28-29 - FLORIDA - West Coast 48th Annual Fall Fun Fest, Carver Recreation Center, 520 Idlewood Ave S, Bartow, Penny Green, 863.224.3393, sqdncfan@gmail.com, **FREE** Dance

November 4-5 - FLORIDA - NEFSARDA 68th Fall Festival, Trinity Lutheran Church, 1415 McDuff Ave, Jacksonville. Susan Snider 904.908.5184, fraubs@aol.com

November 12 - FLORIDA - Lutheran Haven Retirement Center Fellowship Hall, 2041 W State Road 426, Oviedo. Contact Jack Lewis 581-731-3119, LewisJSquare@yahoo.com

November 26 - FLORIDA - Round Dance Clinic, Rural Heritage Center, 100 E Main Street, Geneva. Contact Wayne & Barbara Blackford 904-307-5362 or Earle & Carol Collins 407-376-4079

2023

January 21-23 - FLORIDA - 68th Florida State Square & Round Dance Convention, Volusia County Fairgrounds, 3150 E New York Ave DeLand, FL 32724, floridasquaredance.com/convention/index.html

February 3-4 - FLORIDA - Winter Fiesta, Strawberry Square, 4401 Promenade Blvd, Plant City. Contact Linda Jean Saunders 386.295.9414 johnlin2631@gmail.com

April 28-29 - SOUTH CAROLINA - 46th Annual State Convention, The Shield, 2499 Firetown Rd, Rock Hill SC 29730. Contact Randy Shelton mach111@charter.net

May 5-6 - GEORGIA - 46th Annual State Convention, The Shield, 2499 Firetown Rd, Rock Hill SC 29730. Contact Randy Shelton mach111@charter.net

September 15-16 - GEORGIA - 31nd Georgia State Convention, www.GSSDA.org

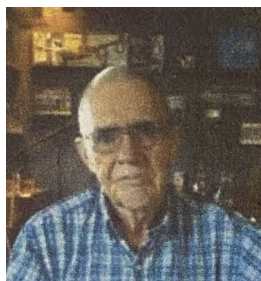
November 30, 2023 - Southern Caribbean Square Dance Cruise - Round Trip from Ft Lauderdale. Contact: All Aboard Cruises, Attn: Seth Mintz. Cell: 786-200-4912, Email: sec927@aol.com More info: Jack & Ilene Lewis 561-731-3119 Email: lewisjsquare@yahoo.com

**SQUARE DANCING IS A FUN
LOW IMPACT EXERCISE FOR
BOTH THE BODY AND MIND.
IT IS LIKE SOLVING A PUZZLE.
YOU MUST DO WHAT THE
CALLER INSTRUCTS TO MAKE
IT THROUGH TO THE END.**

**IF YOU CAN "MOVE" YOU CAN
SQUARE DANCE!**

www.facebook.com/SquareDanceUSA

Dancers Who Have Returned Home



Everett Fogg, 10-03-1932 to 05-02-2022, Melbourne FL. It is with great sadness that we announce the passing of Everett A. Fogg, son of Everett I. and Florence Fogg. Husband, father, grandfather and great-grandfather. He was a generous man who worked hard his whole life. He provided for his family, donated over 20 gallons of blood to the Red Cross and succeeded at anything he set his mind to. He was a Korean War veteran.

He always planted a large vegetable garden and loved riding his motorcycle. He was a great man!



Everett is survived by his wife of 66 years, Mary B. Fogg, children Alyce Young, JoAnn Smith, Rose Boynton (Michael), and Herb Fogg (Dina Casabianca); grandchildren Kristy, Misty, Amanda and Chelsea; and great-grandchildren Alexa, Rayna and Max.

For over twenty years Everett and Mary square danced both the Advanced and Challenge levels with the *Dixie Diamonds* in Melbourne, FL.



English is so hard to Learn

Marlene Davis

You think English is easy? Check out the following:

1. The bandage was wound around the wound.
2. The farm was cultivated to produce produce.
3. The dump was so full that the workers had to refuse more refuse.
4. We must polish the Polish furniture shown at the store.
5. He could lead if he would get the lead out.
6. The soldier decided to desert his tasty desert in the desert.
7. Since there is no time like the present, he thought it was time to present the present to his girlfriend.
8. A bass was painted on the head of the bass drum.
9. When shot at, the dove dove into the bushes.
10. I did not object to the object which he showed me.
11. The insurance was invalid for the invalid in his hospital bed.
12. There was a row among the oarsmen about who would row.
13. They were too close to the door to close it.
14. The buck does funny things when the does (females) are present.
15. A seamstress and a sewer fell down into a sewer line.
16. To help with planting, the farmer taught his sow to sow.
17. The wind was too strong to wind the sail around the mast.
18. Upon seeing the tear in her painting she shed a tear.
19. I had to subject the subject the subject to a series of tests.
20. How can I intimate this to my most intimate friend?

Heteronyms

These are brilliant. Homonyms or homographs are words of like spelling, but with more than one meaning and sound.

When pronounced differently, they are known as **heteronyms**.

FLORIDA HALL OF FAME



Nominees must have a minimum of 10 years statewide involvement in the Florida Square and Round Dance activity. Their contributions must encompass the entire state of Florida, not just 1 or 2 areas. This should require unselfish dedication of time and labor.

Being an area president, Federation president, Caller/Cuer Association president and/or State Convention chairman is not enough. The Hall of Fame is seeking individuals or couples whose efforts have affected the majority of the State of Florida.

Preparing a nominating resume will take some time and investigation to make it complete. Talk to other dancers, callers and/or cuers for dates, places and times the nominee was involved in statewide participation. Follow the who, what, when and where rule as you investigate and prepare the resume. The more information submitted, the better.

Once the resume is finished there are two ways in which to present the information to the Hall of Fame Committee. The resume may be submitted to the board of directors of any of the five area associations, Callers Association or Cuers Association. The area or association board of directors will review the resume and vote to reject or pass it on to the Hall of Fame Committee. The resume may also be sent to the Hall of Fame committee chairman. Resumes must be received by the Hall of Fame committee by September 1st of each year. It is suggested that any association not submit more than 2 resumes for consideration per year. The Hall of Fame Committee shall review all resumes presented and vote by secret ballot to forward such resumes to the Selection Committee for the final vote.

All resumes should be submitted to the Hall of Fame Committee on or before September 1. If too late for this year, they will be considered for next year.

Ailene Picheco, 345 hula Circle, Merritt Island, FL 32952

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<http://floridasquaredance.com/halloffame>

**The Circle of Service is an Award given out by Clubs
to acknowledge Members who have
gone above and beyond the call of duty.**

LEGACY introduced an award for dancers only at the National Convention in Birmingham during the panel on Awards and Recognition. It is called the “Circle of Service” and is a symbol of service to square and round dancing. The award developed from an idea by Mori Sogolow of Plant City, FL.

It is designed to be worn with pride by dancers who, for three or more years are determined to have made a significant contribution to the square and round dance movement.

The stellar hub of the circle, formed by a pattern of arcs, symbolizes the importance of each such individual to the total picture. The same circular shapes flow outward to help define interlocking squares and stylized musical symbols. This linear interplay suggests the strong bond between the two “sister” dance activities, square and round dancing.

Look for someone in your club or association and award them the “Circle of Service”.

Extra Mile Award

**For those callers and cuers that go that Extra Mile
without personal gain
in giving freely of their time and talents
to the square dance community
Download the application and send to
A Board Member of the Florida Federation.**

<http://floridasquaredance.com/documents/ExtraMileAwards/extra-mile.php>



Social Square Dance by Barry Johnson



I'm writing this column from Evansville, Indiana, on the opening day of the 71st National Square Dance Convention. People are streaming into town; the hotels, restaurants and parking spaces are filling up, and the Trails In Dance will begin in just a few hours.

Square dancing has seen many changes in the 71 years since the first national convention. The music has changed; the attire has changed; the attendance has unfortunately changed; and for the first time the convention will include an "Entry Level" Square Dance Hall featuring the Social Square Dance (SSD) program

Many of us have been talking about SSD for years, and to us it may seem like old hat. But we must remind ourselves that this really is a fledgling dance program, relatively just a few months out of the gate. Most dancers in the world haven't even had a chance to try dancing the SSD program and have no direct experience of how it feels.

Last April's CALLERLAB convention in Pittsburgh featured a two-hour SSD dance put on by callers for other callers to dance. Towards the end of the evening, I asked one of the attendees what he thought of the dance. "It felt just like a Mainstream dance!" he said. Yes... and that's exactly the point.

The SSD program is intentionally designed to provide the feel of a typical Modern Western Square Dance, while still allowing new dancers to join more quickly and more frequently per year. SSD dances keep the fun, the flow and the feeling of other dance programs, but give us a chance to share that fun and flow with more people than we've been able to do before.

There have been many changes over the past 71 years. But the SSD program, just now being introduced on a national stage, could be the most important change of them all.

*** Publisher's note: it took two years for the National Convention to recognize the first CALLERLAB program – Mainstream in 1976.*

I think this shows the enthusiasm for SSD.



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7 Rules of Life

- 1. Make peace with your past**
so it won't disturb your present.
- 2. What other people think of you**
is none of your business.
- 3. Time heals almost everything.**
Give it time.
- 4. No one is in charge**
of your happiness, except you.
- 5. Don't compare your life to others**
and don't judge them, you have no idea
what their journey is all about.
- 6. Stop thinking too much.**
It's alright not to know the answers.
- 7. Smile.**
You don't own all the problems in the world.

THINGS TO PONDER

1. If the No. 2 pencil is the most popular, why is it still No. 2?
2. Why do we press harder on the remote control when we know the batteries are getting weak?
3. Why are you "in" a movie, but "on" TV?
4. What was the best thing BEFORE sliced bread?
5. Why do we drive on parkways & park on driveways?
6. Why do "fat chance" & "slim chance" mean the same thing?
7. Why do British people never sound British when they sing?
8. At a movie theater, which arm rest is yours?
9. Why are there no "B" batteries?
10. Why do people say "heads up" when you should duck?

*Original quote sources unknown

68th Florida State Convention 2023

Campers - Please read this!

SPECIAL NOTICE!

The Volusia County Fairgrounds have asked all campers to HOLD OFF making reservations for the Florida State Convention in January 2023.

The Volusia Fairgrounds have a small staff and are now setting up for their annual Fair. They do not have time to take reservations for our State Convention in January.

**Please hold your reservations until
after December 1st**

Or you may contact:

Johnny Brown and let him know
what your plans are for your booking.
Johnny is a square dancer and can contact
the Fairgrounds after the Fair
and give them your information.

Emails may be best for clarification:

jbgrumpyjb@yahoo.com

Or call him at 321-444-5595

Thank you so much.
68th FSSRDC Staff