

Instructions for Square Dance Skirt and Blouse (May 2024)



Materials needed

- Kona Cotton fabric from Joann's
 - Turquoise (0791-2140) – 5 yards (short skirt + blouse) or 6 yards (long skirt + blouse)
 - Buttercup Yellow (0137-8447) – 2/3 yard (1 gore for skirt)
 - Wyla Ruffled Lace (WYK26718) – 4 yards
- 1 yard of 1 ½” non-roll elastic for skirt waistband
- 1 ½ yards of ¼” non-roll elastic for arms and neckline
- 1 yard of bias tape for arm elastic casing

Skirt

- Stitch skirt panels together except for last seam
- Hem bottom of skirt
- Cut waistband 6” wide x 55” long
- Hem one long side of waistband
- Attach waistband to skirt
- Sew last seam from hem through waistband
- Cut off the unneeded ends of the waistband
- Fold waistband over to approximately 2-3” (depending on width of elastic to be used) and stitch in the ditch leaving an opening to insert elastic
- Cut 1 ½” or 2” elastic to size
- Insert elastic, adjust to fit and sew the opening closed

Skirt ruffle

- Cut a ruffle piece for each gore in the skirt (I usually cut them 5” to 6” x wof)
- Sew all ruffle pieces together, short end to short end, except for last seam
- Hem both long edges of ruffle

- Sew last seam of ruffle
- Prepare ruffle for gathering
- Pin ruffle to skirt bottom having bottom edge of ruffle just longer than the hem of the skirt
- Match seams in ruffle to seams in skirt (each gore will have its own ruffle piece)
- Gather ruffle to fit skirt
- Stitch ruffle to skirt approximately 1” from top hem of ruffle
- Stitch Florida patch on yellow gore of skirt above ruffle (roughly in the middle of the gore)
- OPTIONAL – Stitch ruffled or gathered lace over stitch line on ruffle as added decoration

Blouse

- Sew neck ruffle pieces together, short end to short end
- Hem bottom edge of sleeves and one long edge of ruffle
- Stitch sleeves to front and back pieces of blouse
- Stitch sides from bottom edge of blouse through underarms of sleeves to sleeve hem
- Place neck ruffle on inside of blouse and stitch right side of ruffle to wrong side of blouse
- Turn ruffle to outside of blouse and top stitch ¼” to ½” from top edge of blouse
- Stitch again ¾” from first stitch line leaving an opening to insert elastic
- Insert ¼” elastic in neckline/ruffle and adjust to fit
- Stitch elastic together and stitch opening closed
- Stitch bias tape approximately 3” from sleeve hem on inside of sleeve leaving an opening to insert elastic
- Insert ¼” elastic and adjust to fit
- Stitch elastic together and stitch opening closed
- Hem bottom edge of blouse