

Take Care of Your Dance Shoes!

If you have shopped for dance shoes recently, you know they are very expensive. If you're going to put a lot of money into shoes, you probably would like for them to last for a long time. Have you thought about how you take care of shoes (men and women)?

Should dance shoes be tight?

A **snug shoe should** be form fitting to the foot. There **should** be just enough room to wiggle the toes and no slipping in the heel. A **dance shoe** that is too **tight** will hurt immediately. ... A brand-new pair of **dance shoes should** feel **tight**, but not painfully so.

Can I wear dance shoes on the street?

Suede bottom **shoes can wear** out quickly if worn on the **street**. It is best to **wear** suede bottom **shoes** on **dance** floor surfaces only (such as hard wood floors). We suggest switching into **dance shoes** once arriving to your **dance** destination. EDITOR'S NOTE: You also shouldn't walk through water in your dance shoes. A true dance shoe has suede soles and leather uppers. When the suede gets wet, your shoe will stick to the dance floor which makes it difficult to dance. Also, when you make turns, your feet will go one way, and the rest of your body will go another way which will cause a lot of aches and pains by the end of the dance. Carry your dance shoes into the hall and put them on inside. You can also pick up other substances outside that you will bring onto the dance floor that will cause sticky spots and will scratch the dance floor.

How do you clean the bottom of character shoes?

There are several ways you can **clean** your **dance shoe** suede **sole**. One **way to clean** your suede **sole** properly is by using a metal **shoe** brush and Vitamin E oil. Brush the **shoe sole** to **clean** and follow up with one drop of Vitamin E oil and then rub the **bottom** of the **shoes** together.

How do you clean the soles of suede shoes?

So, grab a toothbrush, sponge or back brush and get ready to revive some shoes.

(1) Foam carpet cleaner. Gently scrub shoes with a suede footbed with some foamy carpet cleaner. (2) Sandpaper (3) Rubbing alcohol. (4) Summer soles. (5) Baby powder. (6) Borax. (7) Vinegar. (8) Anti-bacterial wipes.

How can I stretch out my dance shoes?

Blast your **shoes** with hot air from a blow-dryer for a couple of minutes while flexing your toes and bending your feet, concentrating on the tightest areas. Keep the socks and **shoes** on until the leather cools. Test **out** the **shoes** without socks, and repeat if necessary until they're comfortable.

What makes dance shoes different?

The biggest **difference** is the soles. Ballroom **shoes** have a thin, suede sole. This allows the **shoes** to glide on the **dance** floor, with just the right amount of grip. Ballroom **shoes** are also very flexible, allowing the movement necessary to show off your **dance** techniques.

What is the difference between dance shoes and regular shoes?

The biggest **difference** is the soles. Ballroom **shoes** have a thin, suede sole. This allows the **shoes** to glide on the **dance** floor, with just the right amount of grip. ... In competition, women should wear tan or flesh-colored **shoes**, to extend the look of the leg, and not call too much attention to the feet.

How do you keep dance shoes from smelling?

- (1) Air dry: Make sure your shoes dry out thoroughly after each use.
- (2) Baking Soda: Put some baking soda in your shoes.
- (3) Dryer sheets: Some dancers put dryer sheets in their shoes.
- (4) Alcohol: Quickly put into a spray bottle and spritz away.

What kind of shoes do you wear for ballroom dancing?

In the beginning, you will want shoes that allow you to glide around the dance floor. Suede or leather soles are best. If you don't have leather soled shoes, then a pair of dress shoes will probably do. Avoid **athletic shoes**, as they tend to grip the dance floor, which could damage your knees or ankles.

Can you wear character shoes for ballroom dancing?

We recommend that women **do not wear** heels substantially higher than what they are used to. If **you** almost never **wear shoes** with heels, look for a 1" to 1 1 / 2 " heel. ... **Character Shoes**, Ballet **Shoes**, etc.: **You can** use **character shoes for ballroom dance**, e.g. if **you** already own a pair.

What is a dance shoe?

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How do you remove mold from suede shoes?

Method 1 Cleaning Suede and Nubuck (1) Apply a layer of petroleum jelly. Test the effect of the petroleum jelly on a small area that won't be noticeable. (2) Apply rubbing alcohol with water. Mix equal parts rubbing alcohol and water for stronger stains. (3) Wipe away the mildew. (4) Allow the material to dry.

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